



# GUIDANCE NEWSLETTER

October/November 2016

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*“There will be obstacles. There will be doubters. There will be mistakes. But with hard work, there are no limits.”*  
- Michael Phelps

## From the Director's Chair

I would like to take this opportunity to welcome all students and parents to Hopatcong High School Guidance & Counseling Services. Each student in the school has been assigned a school counselor. The counselor will work with the student concerning academic, social, extracurricular, and personal issues, and will provide guidance and direction in college and career planning. Counselors will be available for conferences with parents and students throughout the high school year, and will make referrals to appropriate resources when necessary. We ask that parents call to make an appointment, and students stop by the Guidance Office to schedule an appointment during a non-academic elective. If there is an issue that cannot wait, please let the counselor know, as he/she will work with you immediately. Check out [www.hopatcongschools.org/hs/NewsFlash](http://www.hopatcongschools.org/hs/NewsFlash) for the latest information. Be sure to follow us on Facebook, Twitter and Instagram.

Have a great year!

*Mrs. Walker*

## Counselor Contact Information & Student Assignments

### Director of Guidance

Mrs. Walker: 973-770-8863, [jwalker@hopatcongschools.org](mailto:jwalker@hopatcongschools.org)

### Administrative Assistant to Mrs. Walker

Ms. Melekos: 973-770-8862, [emelekos@hopatcongschools.org](mailto:emelekos@hopatcongschools.org)

### Guidance Secretary

Mrs. Yanko 973-770-8861, [syanko@hopatcongschools.org](mailto:syanko@hopatcongschools.org)

### Counselors

Mrs. Padula, Letters A-G, Class of 2019 Letters A-E: 973-770-8967, [lpadula@hopatcongschools.org](mailto:lpadula@hopatcongschools.org)

Mrs. Dunmyer, Letters H-O, Class of 2019 Letters F-M: 973-770-8865, [ldunmyer@hopatcongschools.org](mailto:ldunmyer@hopatcongschools.org)

Mr. Chaewsky, Letters P-Z, Class of 2019 Letters N-Z: 973-770-8884, [rchaewsky@hopatcongschools.org](mailto:rchaewsky@hopatcongschools.org)

## Remember These Important Dates

October 7 – HHS Marking Period I Progress Reports Available on PowerSchool

October 7 – SAT Registration Deadline for November 7<sup>th</sup> test

October 19 – PSAT Testing – Early Dismissal for students, Parent Conferences

October 20 – FAFSA Completion Workshop at 6:30pm in HHS Tech Center

November 3 – SAT Registration Deadline for December 3<sup>rd</sup> test

November 4 – ACT Registration Deadline for December 10<sup>th</sup> test

November 8 – Teacher In-Service, No School for students

November 16 – ASVAB Test 8am

November 16 – 8<sup>th</sup> Grade Open House at 7pm in HHS Auditorium

November 17 – Marking Period I Report Cards Available on PowerSchool

December 6- SCCC Instant Decision Day

December 8 – CCM Instant Decision Day

December 9 – Marking Period II Progress Reports Available on PowerSchool

December 21 - SAT Registration Deadline for Jan. 21<sup>st</sup> test

Register for the SAT's online at [www.collegeboard.org](http://www.collegeboard.org).

Register for the ACT's online at [www.actstudent.org](http://www.actstudent.org).

## Career Websites

- <http://www.bls.gov/oco/home.htm>  
The Occupational Outlook Handbook - Online Version. The best website for career exploration.
- <http://career.utk.edu/students/majors.asp>  
This site helps college students transition from major to career.
- <http://www.acinet.org/acinet/explore/view.aspx>  
Offers many career resources including detailed descriptions of specific occupations.
- <http://www.wisemantech.com/guidance/>  
Links to all of the popular websites on careers, colleges, information for athletes, scholarships
- <http://www.hopatcongschools.org/hs/naviance.familyconnectioncareers>

## Sussex County Community College (SCCC) – New Concurrent Course List

We have new concurrent courses available through our partnership with SCCC. Concurrent courses are college level courses offered at HHS; students earn high school and college credits simultaneously. Each 3 credit course requires a \$225.00 payment made payable to SCCC. The next opportunity to register for these courses will be for the 2017-2018 school year. (Students enrolled in Culinary Arts 2 for semester 2 may still apply for concurrent credit by January 2017.) Interested students should contact their counselors for more information.

### Eligibility Criteria:

1. Must have either earned sufficient SAT scores or Accuplacer scores.
2. Must have a minimum 3.0 GPA (“B” average), at the time of scheduling. (\*select courses)

<u>HHS Course Name</u>	<u>SCCC (CC) Course Name</u>	<u>Credits</u>
English 4 (CC)*	English Comp 1	3
	English Comp 2	3
Sociology (CC)*	Intro to Sociology	3
	Contemp. Issues in Sociology	3
Culinary Arts 1	Food Prep 1	3
Culinary Arts 2	Baking & Pastry Arts	3
Child Development 1	Intro to Early Childhood	3
	Child Nutrition & Health	3
Child Development 2	Internship	3
Business 101	Intro to Business	3

### **Grade Report & Progress Timeline 2016-2017:**

**Log onto Power School to view your grades: [Hopatcongschools.org](http://Hopatcongschools.org) - Parents and Students link**

<b>MARKING PERIOD</b>	<b>FIRST</b>	<b>SECOND</b>	<b>THIRD</b>	<b>FOURTH</b>
<b>BEGIN – END</b>	<b>Sept 6 - Nov. 9</b>	<b>Nov. 14 – Jan. 27</b>	<b>Jan. 30 – March 31</b>	<b>April 3 – Last Day of School</b>
<b>PROGRESS REPORTS AVAILABLE ONLINE</b>	<b>Oct. 7</b>	<b>Dec. 9</b>	<b>March 1</b>	<b>May 4</b>
<b>REPORT CARDS AVAILABLE ONLINE</b>	<b>Nov. 17</b>	<b>Feb. 1</b>	<b>April 5</b>	<b>TBD</b>
<b>FINAL EXAMS</b>				<b>Last 4 days of school</b>

### **Athletic Eligibility**

To be eligible for all Fall sports and activities, please review the requirements below:

- Fall/Winter Sports 30 credits must be passed in June of preceding year.
- Spring Sports 15 credits must be passed during the first two marking periods.

If you are unsure of your eligibility, please see your guidance counselor as soon as possible.



### **College Visits**

Every year a number of colleges and universities visit Hopatcong High School in an effort to recruit students. A list of these schools is also posted on Naviance and outside the guidance office. Sign up to meet with a college representative. The following is the current list of schools:

University of Maine	Tuesday, October 13	8:00 AM
Widener University	Wednesday, October 14	10:30 AM
Virginia Tech	Monday, October 17	8:00 AM
Rowan University	Tuesday, October 18	8:30 AM
Wilkes University	Thursday, October 20	9:00 AM
Castleton University	Thursday, October 20	10:00 AM
Seton Hall University	Friday, October 21	9:00 AM
Ramapo College of New Jersey	Monday, October 24	8:30 AM
East Stroudsburg University	Monday, October 24	9:30 AM
Curry College	Tuesday, October 25	8:30 AM
Marist College	Wednesday, October 26	9:00 AM
Penn State University	Wednesday, October 26	10:30 AM
Rider University	Thursday, November 17	9:07 AM
Sussex County Community College	Tuesday, December 6	9:00 AM
County College of Morris	Thursday, December 8	9:00 AM



## Scholarship Bulletin

The Scholarship Bulletin is a running list of national, state and county scholarships that is updated weekly, and is available online. Go to:

[www.hopatcongschools.org/hs](http://www.hopatcongschools.org/hs)

Naviance: Family Connections

Scholarships!



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## Important Dates

**October 17-21: Violence Awareness Week:** Resolve potential conflicts with “I” statements, such as “I feel hurt when you laugh at my mistakes,” rather than “you are disgusting.”

**October 23-28: Red Ribbon/Drug Awareness Week:** Keep prescription drugs in a safe place (out of children’s reach). Use prescription drugs only as directed by your healthcare professional.